

Exercise Facilities

Brazil, IN

Brother's Gym

Phone: 812-870-9921

Address: 117 S Walnut St., Brazil, IN 47834

Hours: Monday-Friday 8 a.m. – 9 p.m. or by appointment

Web: www.brothersgymbrazil.com

Services: Customized training, nutritional programs, and group and individualized fitness programs

Peak Performance Gym

Phone: 812-240-2131

Address: 4381 US-40, Brazil, IN 47834

Web: www.ppg.fit

Email: ppgfit@gmail.com

Services: Online training, personal training, nutrition services

YMCA

Phone: 812-442-6761

Address: 225 E Kruzan St. Brazil, IN

Hours: Monday- Thursday: 5:30 a.m. - 10 p.m.; Friday:
5:30 a.m. – 8 p.m.; Saturday: 8 a.m. - 6 p.m.; p.m.;
Sunday: 12-5 p.m.

Web: <http://stsweb.indstate.edu/~ccymca2>

Services: Many activities for young children such as daycare, summer camp, swim lessons, sports. Group exercise involves many classes for adults. There is also a gym.

Submit a Resource:

If you would like to submit a resource that is not listed, please email the Richard G. Lugar Center for Rural Health at SHRP@uhhg.org.

Thank you!

